Families United
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Mission statement/ Logic Model
Our mission is to educate, help and provide access to families in Tucson who have experienced separation between couples and/or divorce. Families will learn healthier ways to cope with conflict resolution and parenting strategies. Families will learn to deal with relational and behavioral issues that can occur with immediate, extended families and peer groups.

Demographic description of target population
- Gender orientation: any age, not a determining factor for our program
- Age: all ages
- Ethnicity: anyone, not a determining factor for our program
- Total number of clients served on any given day of operation: 60-70

Needs Assessment
- Number of clients served:
  - Per year total: 18,204 divorces in pima county
  - Per Month: 1,517
  - Per Week: 379

Outcome Evaluation
- Number of clients served
- Total number of clients served on any given day of operation: 60-70

Evidenced Based Practice
- According to Yuk King Lau research it is beneficial when
- Benefits the child to deal with the divorce and their self-esteem
- In Dattilio’s research he has said that many families go through stress, overwhelming emotions, self-esteem the best way to cope with these emotions is through CBT
- Dattilio also stated that CBT help family in individual characteristics, relationship dynamics and characteristics of the interpersonal dynamics
- Not only is individual therapy good but coming together as a family and talking about each others feeling is beneficial stated Everett

Flow Chart & Organization Chart

Budget
- Line Item: Personnel
- Salary: $62,038
- % FTE: 3.00
- Total: $186,114

Program Evaluation
- Quantitative-Outcome Evaluation
- Relationship to Mission Statement – Research Question: 8 families attend affordable marriage family therapy, will it help them better communicate and help them transition into a new chapter during or after a divorce or separation?
- Outcome Measure (Dependent Variable) and level of measurement: The number of families that are successful when completing our programs in better communication, parenting skills, conflict resolutions and relational and behavioral issues.
- Hypothesis: We strongly count on our program to provide families with benefits that come from therapy and strategies to better communicate and interact with one another.
- Overall design: We would like to create an organization that allows low income families with an opportunity in affordable marriage and family therapy. Every participant will take a brief survey to assess their situation and better analysis what therapy or therapist is needed.
- Analysis Techniques: track the number of families that come into our program and follow through until completion.
- Quantitative Analysis
- Relationship to Mission Statement – Research Question: Will six months of therapy with Families United help families become educated, understand, and perform better communication skills, parenting skills, conflict resolutions, and relational and behavioral issues?
- Intent of the analysis: does attending Families United help families better communicate and help cope with divorce or separation within a family?
- Overall Method of data collection: there will be a total of 3-4 assessments throughout the duration of the program. The first one will be at the beginning to check where each family member stands. The second assessment is going to be taking half way through the therapy, if everything seems to be working and the family is progressing then they will have one final assessment to make sure that marriage therapy family therapy was a success, but if we see that there is any type of discrepancy or downfall due to some trigger then we will work on that specific area to make sure we addressed the issue and finally the fourth assessment ensuring that they had a successful therapy.
- Analysis Techniques
- Pre-test: We want to discuss the reasons why the family is visiting. What are their major conflicts and issues that they would like to work on? On assessment how each family member is feeling and they each individually and as a family need to work on.
- Post-test: We will come together at the end and see how they family developed through the process and how the have improved. Looking at trends that were met successfully and the ones that we lacked and in future the future can improve on.